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## Before getting adventurous, buy cover

Insurers only cover adventure sports if undertaken as a hobby, not in a professional capacity

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Adventure sports such as bungee jumping, skydiving, mountaineer-ing, hang gliding, scuba diving, trekking and parasailing are becoming increasingly popular among vacationers. And many plan holidays with the sole purpose of experiencing such extreme sports.

However, such sports can also lead to iniuries and hospitali-sation. Explains Bhaskar Nerurkar, head, health administration team, Bajaj Allianz General Insurance: "Adventure sports are perceived to have a higher level of



Things are changing now. Companies like Bajaj Allianz General Insurance, HDFC Ergo, Bharti Axa General Insurance and GoDigit cover adventure sports as an inbuilt feature. Be it in the form of a specific adventure sports policy or as an add-on to the base policy, these insurance companies have introduced policies that provide

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cover for such activities.

Under the adven-ture sports cover, insurers usually pay for treatment charges incurred due to an accident during par-ticipation in adven-ture sports. The adventure sports addon from Bajai Allianz

is a lump sum benefit policy cov-ering up to ₹10 million in case of death, or any permanent disability that may occur while taking part in the sports. However, claims for all adventure sports will only be payable if the activity is performed



under the supervision of trained professionals, and if the insured had followed necessary safety measures and guidelines laid down by the instructors. Says Adarsh Agarwal, appointed actuary, Digit General Insurance: "Under adven-ture sports cover, an accident sus-tained during the policy period when the policyholder is engaged in adventure sports in a non-pro-fessional way or as a hobby and under the supervision of a trained professional is covered.'

The premium for these covers, which come under travel insurance, varies depending on the plan opted for by the insured, sum insured and the number of days of travel. The add-on plan is linked to the base cover, and you can opt for 25-100 per cent payout of the sum insured. For a ₹10 million sum insured from Bajai Allianz, where the base cover is for death and permanent disabil-ity, you will have to give an extra

₹8,000 for an adventure sports death with 50 per cent payout. In addition to accidental benefits arising out of adventure sports, travel policy also covers other travel exigencies for instance trip delay, loss of baggage, loss of

As an alternative, if you are trav-elling abroad, opt for covers from global insurers, which are much extensive. Globally, these covers are available either as a standalone plan or as a part of your travel insurance.
The pricing of these covers varies
by the activity you choose. For
instance, buying a policy from a UKbased insurer with £50,000 sum based insurer with £50,000 sum assured for skydiving will cost you roughly £65. This plan includes death and permanent disability (£50,000), medical expenses (£100,000) personal liability (£5,000,000) and much more.

According to experts, people travelling to destinations such as New Zealand and Thailand where activities like scuba diving, cliff diving, and parasailing are very com-mon should opt for such policies. Adventure sports have also become a bigger trend for senior citizens. People above 60 years who have retired and now want to explore the world should also opt for these kinds of travel insurance policies.