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[Mind Over Money: How meditation & Lord Buddha's teachings inspired this CEO](#)

Synopsis

"The process takes time; it's not an overnight process and I also think to do good deeds for others. On the other hand, I also think about how can I make a difference in their lives? It is not about just giving charity or giving money, but my strong belief is that you have to work on building competence; you have to work on building skills, and you have to work on building those kind s of capabilities that should be.

