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## **Health claims rise during monsoons**

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Health insurance claims for monsoon related ailments have seen a rise of 82% over the past three years, said Bajaj Allianz General Insurance. The internal claims data show that the growth of viral fevers during monsoons is at 119.5%, dengue fever 97%, typhoid -85.4% and gastro-enterities is at 71.5%.

The overall growth in the average claim size of monsoon diseases was 9.2%. Diseases like cholera saw a growth of 55.8% and gastro-enteritis at 13% in their respective claim-size. People belonging to age groups of 0-10 years, 21-40 years reported more incidence of claims, the company said.

Some precautions consumers should take for monsoon include drinking only filtered or boiled water, avoid eating food from street vendors, avoid raw vegetables and salads unless they are washed and cleaned thoroughly, staying away from mosquitoes to protect yourself from malaria.