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Issuing Office:



HEALTH GUARD SILVER PLAN

CUSTOMER INFORMATION SHEET

Description is illustrative and not exhaustive.

Sr no.	TITLE	DESCRIPTION	REFER TO POLICY CLAUSE NUMBER
1.	Product Name	Health Guard	
2.	What am I covered for?	 In-patient Hospitalisation Treatment If You are hospitalized on the advice of a Doctor, as defined under policy, because of Illness or Accidental Bodily Injury sustained or contracted during the Policy Period, then We will pay You, Reasonable and Customary Medical Expenses incurred subject to i. Room, Boarding and Nursing Expenses as provided by the Hospital/Nursing Home up to 1%of Sum Insured per day (Excluding Cumulative Bonus) or actual, whichever is lower. ii. If admitted in ICU, we will pay up to actual expenses provided by Hospital. iii. Surgeon, Anesthetist, Medical Practitioner, Consultants, Specialists Fees. iv. Anesthesia, Blood, Oxygen, Operation Theatre Charges, surgical appliances, Medicines & Drugs, Dialysis, Chemotherapy, Radiotherapy, cost of Artificial Limbs, cost of prosthetic devices implanted during surgical procedure like Pacemaker, orthopedic implants, infra cardiac valve replacements, vascular stents, relevant laboratory diagnostic tests, X-ray and such similar expenses that are medically necessary. Note: In case of admission to a room at rates exceeding the limits as mentioned under 1.(i), the reimbursement of all other expenses incurred at the Hospital, with the exception of cost of medicines, shall be payable in the same proportion as the admissible rate per day bears to the actual rate per day of room rent charges Pre-Hospitalisation The Medical Expenses incurred during the 60 days immediately before you were Hospitalised, provided that: Such Medical Expenses incurred during the 90 days immediately after You were discharged post Hospitalisation The Medical Expenses incurred during the 90 days immediately after You were discharged post Hospitalisation The Medical Expenses incurred during the 90 days immediately after You were discharged post Hospitalisation was required, and We have ac	Policy Wordings A
		 4. Road Ambulance We will pay the reasonable cost to a maximum of Rs 20000/- per policy year incurred on an ambulance offered by a healthcare or ambulance service provider for transferring You to the nearest Hospital with adequate emergency facilities for the provision of health services following an Emergency. We will also reimburse the expenses incurred on an ambulance offered by a healthcare or ambulance service provider for transferring You from the Hospital where you were admitted initially to another hospital with higher medical facilities. Claim under this section shall be payable by Us only when: Such life threatening emergency condition is certified by the Medical Practitioner, and We have accepted Your Claim under "In-patient Hospitalisation Treatment" or "Day Care Procedures" section of the Policy. Subject otherwise to the terms, conditions and exclusions of the Policy. This benefit will be applicable annually for policies with term more than 1 year. Day Care Procedures We will pay you the medical expenses as listed above under In-patient Hospitalisation Treatment for Day care procedures/Surgeries taken as an inpatient in a hospital or day care centre but not in the outpatient department. 	

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6. Organ Donor Expenses

We will pay expenses towards organ donor's treatment for harvesting of the donated organ, provided that,

- i. The organ donor is any person whose organ has been made available in accordance and in compliance with THE TRANSPLANTATION OF HUMAN ORGANS (AMENDMENT) BILL, 2011 and the organ donated is for the use of the Insured Person, and
- ii. We have accepted an inpatient Hospitalisation claim for the insured member under In Patient Hospitalisation Treatment

7. Convalescence Benefit

In the event of insured hospitalised for a disease/ illness/ injury for a continuous period exceeding 10 days, We will pay benefit amount of Rs. 5,000 per policy year.

This benefit will be triggered provided that the hospitalization claim is accepted under. In Patient Hospitalisation Treatment

This benefit will be applicable annually for policies with term more than 1 year.

8. Daily Cash Benefit for Accompanying an Insured Child

We will pay Daily Cash Benefit of Rs. 500 per day maximum up to 10 days during each policy year for reasonable accommodation expenses in respect of one parent/legal guardian, to stay with any minor Insured Person (under the Age of 12), provided the hospitalization claim is paid under Inpatient Hospitalisation Treatment.

This benefit will be applicable annually for policies with term more than 1 year.

9. Sum Insured Reinstatement Benefit

If Inpatient Hospitalization Treatment Sum Insured and cumulative bonus (if any) is exhausted due to claims lodged during the Policy year, then it is agreed that 100% of the Sum Insured specified under Inpatient Hospitalization Treatment be reinstated for the particular Policy year provided that:

- 1. The reinstated Sum Insured will be triggered only after the Inpatient Hospitalization Treatment Sum Insured inclusive of the Cumulative Bonus(If applicable) has been completely exhausted during the policy year;
- 2. The reinstated Sum Insured can be used for claims made by the Insured Person in respect of the benefits stated in Inpatient Hospitalization Treatment.
- 3. If the claimed amount is higher than the Balance Sum Insured inclusive of the Cumulative Bonus (If applicable) under the policy, then this benefit will not be triggered for such claims
- 4. The reinstated Sum Insured would be triggered only for subsequent claims made by the Insured Person. In case of relapse within 45 days, this benefit will not trigger
- 5. This benefit is applicable only once during each policy year & will not be carried forward to the subsequent policy year/ renewals if the benefit is not utilized.
- 6. This benefit is applicable only once in life time of Insured Person covered under this policy for claims regarding CANCER OF SPECIFIED SEVERITY and KIDNEY FAILURE REQUIRING REGULAR DIALYSIS as defined under the policy.
- 7. This benefit will be applicable annually for policies with term more than 1 year.
- 8. Additional premium would not be charged for reinstatement of the Sum Insured.
- 9. Incase Family Floater policy, Reinstatement of Sum Insured will be available for all Insured Persons in the Policy.

10. Preventive Health Check Up

At the end of block of every continuous period of 3 years during which You have held Our Health Guard policy, You are eligible for a free Preventive Health checkup. We will reimburse the amount equal to 1% of the sum insured max up to Rs. 2000/- for each member in Individual policy during the block of 3 years. This benefit can be availed by proposer & spouse only under Floater Sum Insured Policies.

You may approach us for the arrangement of the Health Check up. For the avoidance of doubt, We shall not be liable for any other ancillary or peripheral costs or expenses (including but not limited to those for transportation, accommodation or sustenance).

What are the major exclusions in the policy?

- 5. Any treatment arising from or traceable to pregnancy, child birth including cesarean section and/or any treatment related to pre and postnatal care and complications arising out of Pregnancy and Childbirth. However this exclusion will not apply to Ectopic Pregnancy proved by diagnostic means and certified to be life threatening by the attending medical practitioner.
- 6. Any dental treatment that comprises cosmetic surgery, dentures, dental prosthesis, dental implants, orthodontics, orthogonathic surgery, jaw alignment or treatment for the temporomandibular (jaw) joint, or upper and lower jaw bone surgery and surgery related to the temporomandibular (jaw) unless neces sitated by an acute traumatic injury or cancer and also requiring Hospitalisation
- 7. Medical expenses where Inpatient care is not warranted and does not require supervision of qualified nursing staff and qualified medical practitioner round the clock

Policy Wordings-Section C



HEALTH GUARD SILVER PLAN

•	Waiting periods	1. Benefits will not be available for Any Pre-existing condition, ailment or injury, until 36 months of continuous coverage have elapsed, after the date of inception of the first Health Guard policy, provided the preexisting disease / ailment / injury is disclosed on the proposal form. The above exclusion 1 shall cease to apply if You have maintained a Health Guard policy with Us for a continuous period of a full 36 months without break from the date of Your first Health Guard policy. In case of enhancement of Sum Insured, this exclusion shall apply afresh only to the extent of the amount by which the limit of indemnity has been increased (i.e. enhanced Sum Insured) and if the policy is a renewal of Health Guard policy with Us without break in cover.	Policy Wordings – Section C
		27. Any treatment received outside India is not covered under this policy.	
		26. All non-medical Items as per Annexure II of policy wordings.	
		25. Treatment for any mental illness or psychiatric illness, Parkinson's Disease.	
		obesity and treatment for arising direct or indirect complications of Obesity.	
		24. Weight management services and treatment related to weight reduction programmes including treatment of	
		22. Experimental, unproven or non-standard treatment 23. Treatment for any other system other than modern medicine (also known as Allopathy).	
		21. Vitamins, tonics, nutritional supplements unless forming part of the treatment for injury or disease as certified by the attending Doctor	
		20. Any fertility, sub fertility, Infertility, sterility, erectile dysfunction, impotence, assisted conception operation or sterilization procedure.	
		19. Vaccination or inoculation unless forming a part of post bite treatment or if medically necessary and forming a part of treatment recommended by the treating doctor.	
		18. Medical Expenses relating to any hospitalisation primarily and specifically for diagnostic, X-ray or laboratory examinations and investigations	
		17. Any condition directly or indirectly caused by or associated with Human Immunodeficiency Virus or Variant/mutant viruses and or any syndrome or condition of a similar kind commonly referred to as AIDS.	
		16. Ailments requiring treatment due to use or abuse of any substance, drug or alcohol and treatment for deaddiction.	
		15. Intentional self-injury (including but not limited to the use or misuse of any intoxicating drugs or alcohol)	
		14. Convalescence, general debility, rest cure, congenital external diseases or defects or anomalies, genetic disorders, stem cell implantation or surgery, or growth hormone therapy.	
		13. External medical equipment of any kind used at home as post hospitalisation care including cost of instrument used in the treatment of Sleep Apnoea Syndrome (C.P.A.P), Continuous Peritoneal Ambulatory Dialysis (C.P.A.D) and Oxygen concentrator for Bronchial Asthmatic condition.	
		12. The cost of spectacles, contact lenses, hearing aids, crutches, artificial limbs, dentures, artificial teeth and all other external appliances and/or devices whether for diagnosis or treatment except for intrinsic fixtures used for orthopedic treatments such as plates and K-wires.	
		11. Any form of plastic surgery unless necessary for the treatment of cancer, burns or accidental Bodily Injury	
		10. Cosmetic or aesthetic treatments of any description, treatment or surgery for change of life/gender.	
		9. Circumcision unless required for the treatment of Illness or Accidental bodily injury,	
		8. War, invasion, acts of foreign enemies, hostilities (whether war be declared or not) [except for compelling the Government or any other person to do or abstain from doing any act as defined under the definition of Terrorist act], civil war, commotion, unrest, rebellion, revolution, insurrection, military or usurped power or confiscation or nationalization or requisition of or damage by or under the order of any government or public local authority. Any Medical expenses incurred due to Acts of Terrorism will be covered under the policy.	



HEALTH GUARD SILVER PLAN

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	We will also not pay for claims arising out of or howsoever connected to the following for the first 24 months of Health Guard policy,					
		1. Any types of gastric or duodenal ulcers,	9. Cataracts,			
		2. Benign prostatic hypertrophy	10. Hernia of all types			
		3. All types of sinuses	11. Fistulae, Fissure in ano			
		4. Haemorrhoids	12. Hydrocele			
		5. Dysfunctional uterine bleeding	13. Fibromyoma			
		6. Endometriosis	14. Hysterectomy			
		7. Stones in the urinary and biliary systems	15. Surgery for any skin ailment			
		8. Surgery on ears/tonsils/adenoids/paranasa sinuses	16. Surgery on all internal or external tu- mours/ cysts/ nodules/polyps of any kind including breast lumps with exception of Malignant tumor or growth.			
	This exclusion shall apply for a continuous period of 36 months from the date of Your Health Guard policy, if the above referred illness were present at the time of commencement of the policy and if You had declared such illness at the time of proposing the policy for the first time. In case of enhancement of Sum Insured, the waiting periods shall apply afresh only to the extent of the amount by which the limit of indemnity has been increased (i.e. enhanced Sum Insured) and if the policy is a renewal of Health Guard policy with Us without break in cover.					
		policy with Us in connection with: Joint replacement surgery, Surgery for prolapsed inter vertebral disc (unless not surgery to correct deviated nasal septum) Hypertrophied turbinate Congenital internal diseases or anomalies	ve error recommended by Ophthalmologist for medical neurred in respect of any disease /illness by the insured			
5.	Payout basis	Indemnity Basis: In-patient Hospitalisation Treatment Pre-Hospitalisation Post-Hospitalisation Road Ambulance Day Care Procedures Organ Donor Expenses: Sum Insured Reinstatement Benefit: Preventive Health Check Up Benefit Basis: Convalescence Benefit:		Policy Wordings Section A		
6.	Cost sharing	Daily Cash Benefit for Accompanying an Insured Ch In case of a claim, this policy requires you to share the fi Expenses exceeding the following Sub-limits Room charges beyond 1% of Sum Insured 10% or 20% of each claim under Inpatient Hospitali Insured		Policy Wordings Section D		



HEALTH GUARD SILVER PLAN

7.	Renewal Conditions	 i. Under normal circumstances, renewal will not be refused except on the grounds of Yourmoral hazard, misrepresentation, fraud, or your non cooperation. (Subject to policy is renewed annually with us within the Grace period of 30 days from date of Expiry) ii. In case of our own renewal, a grace period of 30 days is permissible and the Policy will be considered as continuous for the purpose of all waiting periods. However, any treatment availed for an Illness or Accident sustained or contracted during the break period will not be admissible under the Policy. iii. For renewals received after completion of 30 days grace period, a fresh application of health insurance should be submitted to Us, it would be processed as per a new business proposal. iv. For dependent children, Policy is renewable up to 35 years. After the completion of maximum renewal age of dependent children, the policy would be renewed for lifetime. However a Separate proposal form should be submitted to us at the time of renewal with the insured member as proposer. Suitable credit of continuity/ waiting periods for all the previous policy years would be extended in the new policy, provided the policy has been maintained without a break v. Premium payable on renewal and on subsequent continuation of cover are subject to change with prior approval from IRDAI. 					
8	Renewal	1. Cumulative Bonus: If You renew Your "Health Guard" with Us without year, We will increase the Limit of Indemnity by 10% i. The maximum cumulative increase in the Limit of Ir insured of Your first "Health Guard Policy" with Us. ii. This clause does not alter the annual character of the limit of Ir a claim is made in any year where a cumulative in Indemnity in the policy period of the subsequent "Health Court first" Health Court first "Health Court first"	s of base sum insured ndemnity will be lim is insurance crease has been app Health Guard Policy"	d per annum, but: ited to 10 years and 1 lied, then the increas shall be reduced by 1	00% of base sum	Policy Wordings Section D 7	
0	Benefits	2. Preventive Health Check Up At the end of block of every continuous period of 3 y Health Guard policy, You are eligible for a free Preve the amount equal to 1% of the sum insured max up during the block of 3 years. This benefit can be avail Policies. You may approach us for the arrangement of the He not be liable for any other ancillary or peripheral cost transportation, accommodation or sustenance).	ntive Health checkul to Rs. 2000/- for eac ed by proposer & sp ealth Check up. For the	p. We will reimburse th member in Individu ouse only under Float he avoidance of doub	t, We shall	Policy Wording Section A 10	
		 i. We may cancel this insurance by giving You at least 15 days written notice, and if no claim has been made then We shall refund a pro-rata premium for the unexpired Policy Period. Under normal circumstances, Policy will not be cancelled except for reasons of mis-representation, fraud, non-disclosure of material facts or Your non-cooperation. ii. You may cancel this insurance by giving Us at least 15 days written notice, and if no claim has been made then We shall refund premium on short term rates for the unexpired Policy Period as per the rates detailed below. 					
		Period in Risk	Policy Period 1	Premium Refund Policy Period 2	Policy Period		
			Year	Year	3 Year		
		Within 15 Days		Pro Rata Refund	00.555	Dolig	
		Exceeding 15 days but less than 3 months	65.00%	75.00%	80.00%	Policy Wordings	
9	Cancellation	Exceeding 3 months but less than 6 months	45.00%	65.00% 45.00%	75.00%	Section D	
		Exceeding 6 months but less than 12 months Exceeding 12 months but less than 15 months	0.00%	30.00%	60.00% 50.00%	11. Renewal and	
		Exceeding 12 months but less than 18 months		20.00%	45.00%	Cancellation	
		Exceeding 18 months but less than 24 months		0.00%	30.00%		
		Exceeding 24 months but less than 27 months		0.0070	20.00%		
		Exceeding 27 months but less than 30 months			15.00%		
		Exceeding 30 months but less than 36 months			0.00%		
		 Note: The first slab of Number of days "within 15 days" in In case of renewal policies, period is risk "Exceeding 3 months". 					

(LEGAL DISCLAIMER) NOTE: The information must be read in conjunction with the product brochure and policy document. In case of any conflict between the Policy Brochure/Prospectus and the policy document the terms and conditions mentioned in the policy document shall prevail.



HEALTH GUARD GOLD PLAN

CUSTOMER INFORMATION SHEET

Description is illustrative and not exhaustive.

Sr no.	TITLE DESCRIPTION		
1	Product Name	Health Guard	NUMBER
2		 In-patient Hospitalisation Treatment If You are hospitalized on the advice of a Doctor, as defined under policy, because of Illness or Accidental Bodily Injury sustained or contracted during the Policy Period, then We will pay You, Reasonable and Customary Medical Expenses incurred subject to Room, Boarding and Nursing Expenses as provided by the Hospital/Nursing Home without any sublimit. If admitted in ICU, we will pay up to actual expenses provided by Hospital. Surgeon, Anesthetist, Medical Practitioner, Consultants, Specialists Fees. Anesthesia, Blood, Oxygen, Operation Theatre Charges, surgical appliances, Medicines & Drugs, Dialysis, Chemotherapy, Radiotherapy, cost of Artificial Limbs, cost of prosthetic devices implanted during surgical procedure like Pacemaker, orthopedic implants, infra cardiac valve replacements, vascular stents, relevant laboratory diagnostic tests, X-ray and such similar expenses that are medically necessary. 	
		2. Pre-Hospitalisation The Medical Expenses incurred during the 60 days immediately before you were Hospitalised, provided that: Such Medical Expenses were incurred for the same illness/injury for which subsequent Hospitalisation was required, and We have accepted an inpatient Hospitalisation claim under Inpatient Hospitalisation Treatment.	
	What am I covered for?	3. Post-Hospitalisation The Medical Expenses incurred during the 90 days immediately after You were discharged post Hospitalisation provided that: Such costs are incurred in respect of the same illness/injury for which the earlier Hospitalisation was required, and We have accepted an inpatient Hospitalisation claim under Inpatient Hospitalisation Treatment.	
		4. Road Ambulance We will pay the reasonable cost to a maximum of Rs 20000/- per policy year incurred on an ambulance offered by a healthcare or ambulance service provider for transferring You to the nearest Hospital with adequate emergency facilities for the provision of health services following an Emergency. We will also reimburse the expenses incurred on an ambulance offered by a healthcare or ambulance service provider for transferring You from the Hospital where you were admitted initially to another hospital with higher medical facilities. Claim under this section shall be payable by Us only when: Such life threatening emergency condition is certified by the Medical Practitioner, and We have accepted Your Claim under "In-patient Hospitalisation Treatment" or "Day Care Procedures" section of the Policy. Subject otherwise to the terms, conditions and exclusions of the Policy. This benefit will be applicable annually for policies with term more than 1 year. 	Policy Wordings A 1 to 14
		5. Day Care Procedures We will pay you the medical expenses as listed above under In-patient Hospitalisation Treatment for Day care procedures / Surgeries taken as an inpatient in a hospital or day care centre but not in the outpatient department. Indicative list of Day Care Procedures is given in the annexure I of Policy wordings.	
		 Organ Donor Expenses: We will pay expenses towards organ donor's treatment for harvesting of the donated organ, provided that, i. The organ donor is any person whose organ has been made available in accordance and in compliance with THE TRANSPLANTATION OF HUMAN ORGANS (AMENDMENT) BILL, 2011and the organ donated is for the use of the Insured Person, and ii. We have accepted an inpatient Hospitalisation claim for the insured member under In Patient Hospitalisation Treatment 	
		7. Convalescence Benefit: In the event of insured hospitalised for a disease/illness/injury for a continuous period exceeding 10 days, We will pay benefit amount of Rs. 5,000 for Sum Insured up to Rs. 5lacs and Rs. 7500 for Sum Insured 7.5lacsand above per policy year. This benefit will be triggered provided that the hospitalization claim is accepted under In Patient Hospitalisation Treatment. This benefit will be applicable annually for policies with term more than 1 year.	

HEALTH GUARD GOLD PLAN

8. Daily Cash Benefit for Accompanying an Insured Child

We will pay Daily Cash Benefit of Rs. 500 per day maximum up to 10 days during each policy year for reasonable accommodation expenses in respect of one parent/legal guardian, to stay with any minor Insured Person (under the Age of 12), provided the hospitalization claim is paid under Inpatient Hospitalisation Treatment. This benefit will be applicable annually for policies with term more than 1 year.

9. Sum Insured Reinstatement Benefit:

If Inpatient Hospitalization Treatment Cover Sum Insured and Cumulative Bonus (if any) is exhausted due to claims lodged during the Policy year, then it is agreed that 100% of the Sum Insured specified under Inpatient Hospitalization Treatment be reinstated for the particular Policy year provided that:

- The reinstated Sum Insured will be triggered only after the Inpatient Hospitalization Treatment Sum Insured inclusive of the Cumulative Bonus(If applicable) has been completely exhausted during the policy year;
- 2. The reinstated Sum Insured can be used for claims made by the Insured Person in respect of the benefits stated in Inpatient Hospitalization Treatment.
- 3. If the claimed amount is higher than the Balance Sum Insured inclusive of the Cumulative Bonus(If applicable) under the policy, then this benefit will not be triggered for such claims
- 4. The reinstated Sum Insured would be triggered only for subsequent claims made by the Insured Person.In case of relapse within 45 days, this benefit will not trigger
- 5. This benefit is applicable only once during each policy year& will not be carried forward to the subsequent policy year/ renewals if the benefit is not utilized.
- 6. This benefit is applicable only once in life time of Insured Personcovered under this policy for claims regarding CANCER OF SPECIFIED SEVERITY and KIDNEY FAILURE REQUIRING REGULAR DIALYSIS as defined under the policy.
- 7. This benefit will be applicable annually for policies with term more than 1 year.
- 8. Additional premium would not be charged for reinstatement of the Sum Insured.
- 9. Incase Family Floater policy, Reinstatement of Sum Insuredwill be available for all Insured Persons in the Policy.

10. Preventive Health Check Up

At the end of block of every continuous period of 3 policy years during which You have held Our Health Guard policy, You are eligible for a free Preventive Health checkup. We will reimburse the amount equal to 1% of the sum insured max up to Rs. 5000/- for each member in Individual policy during the block of 3 years. This benefit can be availed by proposer & spouse only under Floater Sum Insured Policies.

You may approach us for the arrangement of the Health Checkup. For the avoidance of doubt, We shall not be liable for any other ancillary or peripheral costs or expenses (including but not limited to those for transportation, accommodation or sustenance).

11. Ayurvedic / Homeopathic Hospitalisation Expenses

If Youare Hospitalised for not less than 24 hrs, in an Ayurvedic / Homeopathic Hospital which is a government hospital or in any institute recognized by government and/or accredited by Quality Council of India/National Accreditation Board on Healthon the advice of a Doctor because of Illness or Accidental Bodily Injury sustained or contracted during the Policy Period then We will pay You:

In-patient Treatment- Medical Expenses for Ayurvedic and Homeopathic treatment:

- Room rent, boarding expenses
- Nursing care
- Consultation fees
- Medicines, drugs and consumables,
- Ayurvedic and Homeopathic treatment procedures

Our maximum liability maximum is up to Rs. 20000 per policy year.

This benefit will be applicable annually for policies with term more than 1 year.

The claim will be admissible under the policy provided that,

The illness/injury requires inpatient admission and the procedure performed on the insured cannot be carried out on out-patient basis

HEALTH GUARD GOLD PLAN

12. Maternity Expenses

We will pay the Medical Expenses for the delivery of a baby (including caesarean section) and/or expenses related to medically recommended and lawful termination of pregnancy, limited to maximum 2 deliveries or termination(s) or either, during the lifetime of the insured person, provided that,

- i. Our maximum liability per delivery or termination shall be limited to the amount specified in the policy Schedule as per Sum Insured opted.
- ii. From Sum insured Rs. 3lacs to Rs. 7.5 lacs is restricted to Rs. 15000 for normal delivery and Rs. 25000 for caesarean section and from Sum insured Rs. 10 lacs to Rs. 50lacs is restricted to Rs. 25000 for normal delivery and Rs. 35000 for caesarean section
- iii. We will pay the Medical Expenses of pre-natal and post-natal hospitalization per delivery or termination upto the amount stated in the policy Schedule.
- iv. Waiting period of 72 months from the date of issuance of the first policy with us, provided that the policy has been renewed continuously renewed with us without break for you. Fresh waiting period of 72 months would apply for all the policies which are issued with continuity under portability guidelines either from our existing Health Product or any other Non-Health or Standalone Health Insurance Company.
- v. We will not cover Ectopic pregnancy under this benefit (although it shall be covered under In patient Hospitalisation Treatment)

Any complications arising out of or as a consequence of maternity/child birth will be covered within the limit of Sum Insured available under this benefit.

13. New Born Baby Cover

Coverage for new born baby will be considered subject to a valid claim being accepted under Maternity Expenses. We will pay the following expenses within the limit of the Sum Insured available under the Maternity Expenses section.

We will pay for,

- i. Medical Expenses towards treatment of your new born baby while you are hospitalised as an inpatient for delivery for the hospitalisation,
- ii. Hospitalisation charges incurred on the new born baby during post birth including any complications shall be covered up to a period of 90 days from the date of birth and within limit of the Sum Insured under Maternity Expenses without payment of any additional premium
- iii. Mandatory Vaccinations of the new born baby up to 90 days, as recommended by the Indian Pediatric Association will be covered under the Maternity ExpensesSum Insured.

14. Bariatric Surgery Cover

If You are hospitalized on the advice of a Doctor because of Conditions mentioned below which required you to undergo Bariatric Surgery during the Policy period, then We will pay You, Reasonable and Customary Expenses related to Bariatric Surgery Eliaibility:

For adults aged 18 years or older, presence of severe obesity documented in contemporaneous clinical records, defined as any of the following:

BMI greater than and equal to 40in conjunctions with any of the following severe comorbidities:

- 1. Coronary heart disease; or
- 2. Medically refractory hypertension (blood pressure greater than 140 mm Hg systolic and/or 90 mm Hg diastolic despite concurrent use of 3 anti-hypertensive agents of different classes); or
- 3. Type 2 diabetes mellitus

Special Conditions applicable to Bariatric Surgery Cover

- This benefit is subject to a waiting period of 36 months from the date of first commencement of this policy and continuous renewal thereof with the Company. Fresh waiting period of 36 months would apply for all the policies which are issued with continuity under portability guidelines either from our existing Health Product or any other Non-Health or Standalone Health Insurance Company..
- Policies which are issued with continuity under portability guidelines either from our existing Health Product
 or any other Non-Health or Standalone Health Insurance Company will have to wait for 36 months from
 issuance of Health Guard policy to avail this benefit.
- Our maximum liability will be restricted to 50% of Sum insured maximum up to Rs. 5lac.
- Bariatric surgery performed for Cosmetic reasons is excluded.
- The indication for the procedure should be found appropriate by two qualified surgeons and the insured person shall obtain prior approval for cashless treatment from the Company.

What are the major exclusions in the policy?

- 6. Any dental treatment that comprises cosmetic surgery, dentures, dental prosthesis, dental implants, orthodontics, orthogonathic surgery, jaw alignment or treatment for the temporomandibular (jaw) joint, or upper and lower jaw bone surgery and surgery related to the temporomandibular (jaw) unless necessitated by an acute traumatic injury or cancer and also requiring Hospitalisation
- Medical expenses where Inpatient care is not warranted and does not require supervision of qualified nursing staff and qualified medical practitioner round the clock

Policy Word-ings- Section C



HEALTH GUARD GOLD PLAN

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		8.	War, invasion, acts of foreign enemies, hostilities (whether war be declared or not) [except for compelling the Government or any other person to do or abstain from doing any act as defined under the definition of Terrorist act], civil war, commotion, unrest, rebellion, revolution, insurrection, military or usurped power or confiscation or nationalization or requisition of or damage by or under the order of any government or public local authority. Any Medical expenses incurred due to Acts of Terrorism will be covered under the policy.	
		9.	Circumcision unless required for the treatment of Illness or Accidental bodily injury,	
		10.	Cosmetic or aesthetic treatments of any description, treatment or surgery for change of life/gender.	
		11.	Any form of plastic surgery unless necessary for the treatment of cancer, burns or accidental Bodily Injury	
		12.	The cost of spectacles, contact lenses, hearing aids, crutches, artificial limbs, dentures, artificial teeth and all other external appliances and/or devices whether for diagnosis or treatment except for intrinsic fixtures used for orthopedic treatments such as plates and K-wires.	
		13.	External medical equipment of any kind used at home as post hospitalisation care including cost of instrument used in the treatment of Sleep Apnoea Syndrome (C.P.A.P), Continuous Peritoneal Ambulatory Dialysis (C.P.A.D) and Oxygen concentrator for Bronchial Asthmatic condition.	
		14.	Convalescence, general debility, rest cure, congenital external diseases or defects or anomalies, genetic disorders, stem cell implantation or surgery, or growth hormone therapy.	
		15.	Intentional self-injury (including but not limited to the use or misuse of any intoxicating drugs or alcohol)	
		16.	Ailments requiring treatment due to use or abuse of any substance, drug or alcohol and treatment for deaddiction.	
		17.	Any condition directly or indirectly caused by or associated with Human Immunodeficiency Virus or Variant/mutant viruses and or any syndrome or condition of a similar kind commonly referred to as AIDS.	
		18.	Medical Expenses relating to any hospitalisation primarily and specifically for diagnostic, X-ray or laboratory examinations and investigations	
		19.	Vaccination or inoculation unless forming a part of post bite treatment or if medically necessary and forming a part of treatment recommended by the treating doctor.	
		20.	Any fertility, sub fertility, Infertility, sterility, erectile dysfunction, impotence, assisted conception operation or sterilization procedure.	
		21.	Vitamins, tonics, nutritional supplements unless forming part of the treatment for injury or disease as certified by the attending Doctor	
		22.	Experimental, unproven or non-standard treatment	
		23.	Weight management services and treatment related to weight reduction programmes including treatment of obesity	
		24.	Treatment for any mental illness or psychiatric illness, Parkinson's Disease.	
		25.	All non-medical Items as per Annexure II of Policy Wordings	
		26.	Any treatment received outside India is not covered under this policy.	
4	Waiting pe- riods	1.	Benefits will not be available for Any Pre-existing condition, ailment or injury, until 36 months of continuous coverage have elapsed, after the date of inception of the first Health Guard policy, provided the preexisting disease / ailment / injury is disclosed on the proposal form. The above exclusion 1 shall cease to apply if You have maintained a Health Guard policy with Us for a continuous period of a full 36 months without break from the date of Your first Health Guard policy. In case of enhancement of Sum Insured, this exclusion shall apply afresh only to the extent of the amount by which the limit of indemnity has been increased (i.e. enhanced Sum Insured) and if the policy is a renewal of Health Guard policy with Us without break in cover.	Policy Word- ings – Section C

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		 We will also not pay for claims arising out of months of Health Guard policy, Any types of gastric or duodenal ulcers, Benign prostatic hypertrophy All types of sinuses Haemorrhoids Dysfunctional uterine bleeding 	9. Cataracts, 10. Hernia of all types 11. Fistulae, Fissure in ano 12. Hydrocele 13. Fibromyoma	
		6. Endometriosis	14. Hysterectomy	
		7. Stones in the urinary and biliary systems	15. Surgery for any skin ailment	
		Surgery on ears/tonsils/adenoids/paranasal sinuses	16. Surgery on all internal or external tumours/ cysts/ nodules/polyps of any kind including breast lumps with exception of Malignant tumor or growth.	
		if the above referred illness were present at declared such illness at the time of proposir In case of enhancement of Sum Insured, the	e waiting periods shall apply afresh only to the extent of the been increased (i.e. enhanced Sum Insured) and if the policy	
		 Guard policy with Us in connection with: Joint replacement surgery, Surgery for prolapsed inter vertebral disc (u Surgery to correct deviated nasal septum Hypertrophied turbinate Congenital internal diseases or anomalies Treatment for correction of eye sight due to cal reasons. Bariatric Surgery 	refractive error recommended by Ophthalmologist for medi-	
		during the first 30 days from the commence 5. Any treatment arising from or traceable to preatment related to pre and postnatal care until 72 months continuous period has elap	enses incurred in respect of any disease /illness by the insured ement of the policy, except for accidental injuries. oregnancy, child birth including cesarean sectionand/or any and complications arising out of Pregnancy and Childbirth sed since the inception of the first Health Guard Policy with US. opic Pregnancy proved by diagnostic means and certified to be actitioner.	
5	Payout basis	Indemnity Basis: In-patient Hospitalisation Treatment Pre-Hospitalisation Post-Hospitalisation Road Ambulance Day Care Procedures Organ Donor Expenses: Sum Insured Reinstatement Benefit: Preventive Health Check Up Ayurvedic / Homeopathic Hospitalisation Ex Maternity Expenses New Born Baby Cover Bariatric Surgery Cover Benefit Basis: Convalescence Benefit: Daily Cash Benefit for Accompanying an Ins	penses	Policy Word- ings Section A
6	Cost sharing	In case of a claim, this policy requires you to sha i 10% or 20% of each claim under Inpatient H the Insured	re the following costs: lospitalisation Treatment as Co-payment if voluntarily opted by	Policy Word- ings Section D



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7	Renewal Conditions	 i. Under normal circumstances, renewal will not be refused except on the grounds of Your moral hazard, misrepresentation, fraud, or your non-cooperation. (Subject to policy is renewed annually with us within the Grace period of 30 days from date of Expiry) ii. In case of our own renewal, a grace period of 30 days is permissible and the Policy will be considered as continuous for the purpose of all waiting periods. However, any treatment availed for an Illness or Accident sustained or contracted during the break period will not be admissible under the Policy. iii. For renewals received after completion of 30 days grace period, a fresh application of health insurance should be submitted to Us, it would be processed as per a new business proposal. iv. For dependent children, Policy is renewable up to 35 years. After the completion of maximum renewal age of dependent children, the policy would be renewed for lifetime. However a Separate proposal form should be submitted to us at the time of renewal with the insured member as proposer. Suitable credit of continuity/ waiting periods for all the previous policy years would be extended in the new policy, provided the policy has been maintained without a break v. Premium payable on renewal and on subsequent continuation of cover are subject to change with prior approval from IRDAI. 				
8	Renewal Benefits	 Cumulative Bonus: If You renew Your "Health Guard" with Us without any break and there has been no claim in the preceding year, We will increase the Limit of Indemnity by 10% of base sum insured per annum, but: The maximum cumulative increase in the Limit of Indemnity will be limited to 10 years and 100% of base sum insured of Your first "Health Guard" with Us. This clause does not alter the annual character of this insurance If a claim is made in any year where a cumulative increase has been applied, then the increased Limit of Indemnity in the policy period of the subsequent "Health Guard" shall be reduced by 10%, save that the limit of indemnity applicable to Your first "Health Guard" with Us shall be preserved. 				
		2. Preventive Health Check Up At the end of block of every continuous period of 3 years during which You have held Our Health Guard policy, You are eligible for a free Preventive Health checkup. We will reimburse the amount equal to 1% of the sum insured max up to Rs. 5000/- for each member in Individual policy during the block of 3 years. This benefit can be availed by proposer & spouse only under Floater Sum Insured Policies. You may approach us for the arrangement of the Health Check up. For the avoidance of doubt, We shall not be liable for any other ancillary or peripheral costs or expenses (including but not limited to those for transportation, accommodation or sustenance).				
		1. We may cancel this insurance by giving You at least 15 days written notice, and if no claim has been made then We shall refund a pro-rata premium for the unexpired Policy Period. Under normal circumstances, Policy will not be cancelled except for reasons of mis-representation, fraud, non-disclosure of material facts or Your non-cooperation. You may cancel this insurance by giving Us at least 15 days written notice, and if no claim has been made then We shall refund premium on short term rates for the unexpired Policy Period as per the rates detailed below.				
				Premium Refund		
		Period in Risk	Policy Period 1 Year	Policy Period 2 Year	Policy Period 3 Year	
		Within 15 Days		Pro Rate Refund		Policy Word-
9	Cancellation	Exceeding 15 days but less than 3 months	65.00%	75.00%	80.00%	ings Section D 11. Renewal
	Sancenation	Exceeding 3 months but less than 6 months	45.00%	65.00%	75.00%	and Cancella-
		Exceeding 6 months but less than 12 months	0.00%	45.00%	60.00%	tion
		Exceeding 12 months but less than 15 months Exceeding 15 months but less than 18 months	+	30.00%	50.00% 45.00%	
		Exceeding 18 months but less than 18 months Exceeding 18 months but less than 24 months	+	0.00%	30.00%	
		Exceeding 24 months but less than 27 months	1	0.00%	20.00%	
		Exceeding 24 months but less than 30 months	1		15.00%	
		Exceeding 30 months but less than 36 months	1		0.00%	
	Note: The first slab of Number of days "within 15 days" in above table is applicable only in case of no In case of renewal policies, period is risk "Exceeding 15 days but less than 3 months" should as "within 3 months".					

(LEGAL DISCLAIMER) NOTE: The information must be read in conjunction with the product brochure and policy document. In case of any conflict between the Policy Brochure/Prospectus and the policy document the terms and conditions mentioned in the policy document shall prevail.